



The Sunflower Times

The Newsletter for the Center for Spiritual Enlightenment, NSAC
A Learning Community

April/May 2006

A LETTER FROM OUR PASTOR



Dear Fellow Spiritualists and Friends of Spiritualism,

As the trees and flowers blossom anew this year, I am reminded that we are called to imitate their renewal in our own daily lives. Nature refuses to hold on to the old; dead leaves and spent blossoms fertilize new growth. Whatever the bitter chill or harsh ice of last winter, all is forgotten and forgiven in the spring.

Some of us carry winter with us all year long in the stories we tell ourselves about the past. We cling to our history, the injustices done to us in childhood, the failed romance, the grievance against a friend who said the wrong thing at the wrong time.

Nature reminds us that the present is the only important time, for it is all we have. To find the blessing of today, we must focus minute by minute on our new story. Instead of listing the injuries of the past, we remember our talents, our joys, our belief in ourselves and those we love, and our gratitude for the gift of life in this moment. The simple and profound brilliance of Infinite Spirit rewards us each day with the opportunity to create a new and beautiful story.

Let us give some thought this spring to our new stories, and make them wonderful! We are not our past. We are our present—abundant with new life, courage, confidence, and joy.

Love and blessings,



Rev. B. Anne Gehman

SPEAKERS

APRIL 2: GRETCHEN CLARK



Gretchen Clark is an NSAC certified medium, and a resident and registered medium at Lily Dale, NY, the world's largest center for the religion of Spiritualism. A 5th generation Spiritualist, Gretchen offers hope and comfort to those who have sought her counsel since 1976. Internationally known as a medium, lecturer and workshop leader, Gretchen has been heard on radio and seen on television. She has been interviewed by many publications, including People magazine, *The New York Times* and *The Los Angeles Times*. She has been seen most recently on the Discovery Channel and NBC's "Strange Universe." Visit her Website at www.gretchenclark.com.

SPEAKERS (CONTINUED)

APRIL 9: EMMIE CHETKINS

Emmie Chetkins comes from a family of Spiritualists and is a granddaughter of the famous medium Minnie O'Hara. She has traveled worldwide in pursuit of spiritual understanding, inspiration, and knowledge. She is founder and Pastor Emeritus of the Church of the Living Spirit in Lily Dale. Her talks on Spiritualist topics are interesting, uplifting, thought-provoking, and sometimes humorous. She is married to Chet Chetkins, author of Guess Who's Jewish and several other books. They reside in Lily Dale, NY, New York, NY, and Key West, FL.

APRIL 16: RON ROBERTSON

Ron Robertson has been in the ministry for 20 years. He is a certified healer and has served as President of the Lily Dale Assembly. Formerly he served as its treasurer and as the President of the Lily Dale Spiritualist Church. He has also taught for 22 years in Maryland and in Rochester, NY. He worked in the banking industry for 23 years and recently retired from managing an apartment complex in Jamestown, NY. Ron lives in Lily Dale, NY. The photo on the right shows Ron Robertson in action as he works as a healer on Hilda Wilkenson during a healing in the Forest Temple in Lily Dale, NY. Notice the spiritual energy, which is rainbow-colored in the original color photograph.



APRIL 23: EDMUND BUJALSKI

Edmund Bujalski's spiritual path is intimately connected with healing. He is a Reiki Master Teacher and a student healer in the church. He continues to learn healing techniques and methods, drawing on a variety of spiritual and indigenous healing traditions. Edmund is enrolled in the Morris Pratt Institute (MPI) program and is studying to become a Spiritualist minister. He has been a member of the CSE for several years and with his wife, Dee, is a member of the Lily Dale Assembly. He is a graduate of Harvard College and the Harvard Business School.

APRIL 30: REV. JANET NOHAVEC



Janet Nohavec was born and raised in northern New Jersey. A medium since birth, she has conscious memories of spirit communication since the age of 4. As a young adult, Janet entered religious life and spent five years as a Roman Catholic nun (a Sister of Charity). After leaving the convent, she felt drawn to work with her mediumship and received extensive training to polish her gift, including study at the Arthur Findlay College in Great Britain, where she now teaches several times a year. She is also affiliated with The Spiritualist National Union in England. She is co-founder of The Journey Within School for Mediumship. She is also pastor and founder of The Journey Within, A Center for Spiritual Evolverment, Inc. in Wayne, NJ. She has appeared and demonstrated her mediumship live on numerous radio programs and has been the focus of several newspaper articles. She continues to reside in New Jersey where her school, church and private practice thrive.

MAY 7: REV. LEONARD JUSTINIAN

The Rev. Leonard Justinian is an NSAC ordained minister, a CSE minister, and a CSE member who has served many years at the Church of Two Worlds in Georgetown. Presently Rev. Justinian teaches psychic development and mediumship, and gives readings in his Fairfax studio. He is also an accomplished watercolor artist and teaches classes in watercolor locally. His works hang in Canada, Tokyo, London and around the United States.



MAY 14: TBA

SPEAKERS (CONTINUED)

MAY 21: TERESITA FAWCETT



Teresita Fawcett is a cultural anthropologist who holds an MA in Public Policy from DePaul University, Chicago IL, and is a certified Grief Recovery Specialist from the Grief Recovery Institute. Teresita has conducted numerous grief recovery groups and personal growth workshops over the past five years with men and women from many walks of life. In 2005, she founded the non-profit organization "What if..." LTD, which is an evolving network of individuals and organizations, with no political or religious affiliations, dedicated to supporting the creation of integrated, sustainable communities through the healing and transcending of personal losses, specifically in orphanages around the world. Teresita spent some of her childhood in two different African orphanages, as an infant and again as a young child. "What If..." brings together the necessary sensitivity and skills to support the vision of "a healed world in which people create sustainable lives and build communities for present and future generations."

MAY 28: TBA

WORKSHOPS

READINGS, AND A WORKSHOP: TWEAKING OR FINE TUNING YOUR MEDIUMSHIP WITH GRETCHEN CLARK

READINGS: SATURDAY, APRIL 1, 10:00 AM - 3:00 PM

To sign up for a reading, email TheCSE@TheCSE.org or call 703-645-8060 and leave your information and preferred time. You will be confirmed via email, voice mail, or both.

Cost: \$60 for 30 minutes (only 30 minute readings available)

WORKSHOP: SUNDAY, APRIL 2, 1:30 PM - 4:30 PM / THE CSE

Cost: \$35 for CSE members; \$40 for others, *or reduce your fee* by \$10 if payment is received *prior to* Mar. 31.

To register, 1) email TheCSE@TheCSE.org or call 703-645-8060 and leave your information, then 2) mail your check to The CSE, P.O. Box 6535, Falls Church, VA 22040-6535.

Would you like to...

- Learn techniques to help you tweak any aspect of your awareness?
- Open up new aspects of your mediumship ?
- Put a polish on your ability to see, hear or sense spirit?
- See how far you can take your mediumship, or how far it can take you?

This is a continuing education class for anyone who has already begun to develop their awareness of spirit, and communication with their loved ones, spirit teachers and guides. Bring your questions and any problems. We will cover:

- Techniques to help you fine tune the different aspects of your abilities
- Meditation
- Presentation, Presence, Confidence
- Listening to Spirit
- Practice, practice, practice
- Feedback, and much more!

This workshop will be informative, instructive, and help you discover just how much you can accomplish with a few training techniques.

WORKSHOPS (CONTINUED)

BASIC ASTROLOGY WITH RON ROBERTSON

WORKSHOP: SUNDAY, APRIL 16, 1:00 PM - 3:00 PM / THE CSE

Cost: \$30 for CSE members; \$35 for others, *or reduce your fee by \$10 if payment is received prior to April 14.*

To register, 1) email these@these.org or call 703-645-8060 and leave your information, then 2) mail your check to The CSE, P.O. Box 6535, Falls Church, VA 22040-6535.



Find out why we act and react the way we do, not only with ourselves, but also with others. Explore the twelve houses, the planets, the signs, and the symbology pertaining to each sign, planet, and element. Additionally, you will discuss your rising sign, or ascendant sign, as well as your spouse or significant other's sign. To ensure that your information is accurate, please have your and your spouse's exact date of birth, place of birth and time of birth. Please bring a notebook to class.

MOVING BEYOND LOSS WITH TERESITA FAWCETT

**WORKSHOP: THIS IS A TWO-DAY EVENT: SATURDAY, APRIL 15 AND SATURDAY, APRIL 22.,
10:00 AM - 4:00 PM BOTH SATURDAYS / THE CSE**

Cost: \$160 for CSE members; \$170 for others, *or reduce your fee by \$10 if payment is received prior to April 14.*

Outside of CSE, this two-day workshop is typically \$250.00!

To register, 1) email these@these.org or call 703-645-8060 and leave your information, then 2) mail your check to The CSE, P.O. Box 6535, Falls Church, VA 22040-6535.

(Teresita presented a shortened version of this workshop in January. The reaction from participants was that we should expand the seminar to two days in order for students to gain the most benefit.)

What if you are able to see that the losses you experience are actually gifts?

Many people, even those who have done considerable personal work, have not fully accessed the place where they are holding grief. Grief, if not dealt with in a manner that is healing, will continue to rob your life's energy. This workshop will safely guide participants to visit that place and offer them a means of transforming their grief. Participants are given a new framework and process for emotionally recovering from losses such as death, divorce, job loss, trauma, loss of a dream and any major life challenge.

For those who have experienced loss and wish to move beyond their grief, this program offers a pathway to a richer and more fulfilling life. The tools that are learned and the internal shift experienced will help you make the most of relationships with others and prevent future losses from being as devastating.

Losses change your life for better or worse. You can continue to give your power away to your grief, or decide to take it back.

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WELLSPRING CONFERENCE CENTER IN GERMANTOWN, MD

HOW WOULD YOUR LIFE BE DIFFERENT IF YOU WERE JOYFUL?

JOIN US FOR A JOY WORKSHOP AND FIND OUT!

MOVING FROM WOUND FOCUS, TO DREAM FOCUS.

Many people have advanced degrees in the examining and tortuous dissection of their “woundedness.” Stepping into ‘joy’ is the process of reacquainting yourself with the far deeper truth of your nature. This truth is that you are essentially, naturally, and originally free — whole and joyful.



Rather than build a temple (or an altar) to your wounds, what if instead they became a springboard into your creativity, joy and freedom? What if you could release your wounds by fully embracing them such that only the soul’s lesson remained with you? Pain is inevitable; suffering is a choice.

This workshop is about beginning to get in touch with what fills you up and how your life would be different if you were to live from a ‘filled-up’ place. You will have the opportunity to uncover what is blocking you from living the joyful life you were meant to live. By the end of this workshop you may begin to ask some new questions such as:

- What if I know that I’m OK as I am?
- What if I know the universe is a safe place in which to play?
- What if the place beyond fear is one of limitless possibility?
- What if I know my dreams are within me, and within my reach?

MEET THE FACILITATORS

Teresita Fawcett is a cultural anthropologist who holds an M.A. in public policy from DePaul University, Chicago, IL, and is a certified Grief Recovery Specialist from the Grief Recovery Institute. In multiple ways the Joy Workshop is the result of consciously re-claiming her joy lost as a young child and buried at subterranean levels, waiting to bubble to the surface. Teresita has created and facilitated various personal growth workshops over the past 5 years with men and women from many walks of life. In 2005 she founded the non-profit organization “What if...”, which is an evolving network of individuals and organizations, with no political or religious affiliations, dedicated to supporting the creation of integrated, sustainable communities through the healing and transcending of personal losses, specifically in orphanages around the world. Ms. Fawcett spent some of her childhood in two different African orphanages, as an infant and again as a young child, “What If...” brings together the necessary sensitivity and skills to support the vision of “A healed world in which people create sustainable lives and build communities for present and future generations.”

Paul Fogarty holds degrees in anthropology, mechanical engineering and integrated liberal studies. He has led men’s groups, mixed gender groups and individuals from all walks of life for the last eight years and is a certified co-leader in the ManKind Project (MKP). This is a not-for-profit organization that offers opportunities for men to lead lives of integrity, connection to feeling, and a renewed responsibility for their personal mission in the world. Paul lives with his beloved feisty firefly Teresita in Berkeley Springs, WV where he is a Master Gardener, personal growth facilitator, and personal coach. He brings to this workshop the assurance that where he asks anyone to go (inside or out), he has already gone himself.

(REGISTRATION FORM AND SCHEDULE ON NEXT PAGE.)

2006 CSE ANNUAL WEEKEND RETREAT: MAY 19-21

FRIDAY: MAY 19

3:00 PM		Check-in between 3:00 PM - 6:30PM
6:30 PM	Dinner	Participants provide clean-up.
8:00 PM	Evening Session	Facilitators brief group about weekend.

SATURDAY: MAY 20

7:30 - 8:30 AM	Breakfast	Participants prepare meal as a group. Food provided.
9 AM - 12:30 PM	Morning Session	Participants will focus on what joy is and the difference between happiness and joy. There will be time to let go and be silly in ways that will reacquaint you with the far deeper truth of your nature which is whole and joyful. We will explore how you choose to live your life and how that matches with how you were meant to live your life.
12:30 AM - 1:30 PM	Lunch	Meal prepared. Participants provide clean-up.
2 - 5:30 PM	Afternoon Session	This session supports the morning's discoveries and explores more. Now that you are clearer about what joy is for you and what fills you up, we will look at what stops you from living from a filled-up place. We will have time for 1 or 2 people to take the next step and process the blocks that have been put in place. Others will have the honor of witnessing this and, in turn, learn some skills for overcoming their blocks.
6 - 7 PM	Dinner	Meal prepared. Participants provide clean-up.
7:30 - 9 PM	Evening Session	This session will include a debrief of the afternoon session with time for questions and answers. Finally, we will reconnect with what joy is and setup some ways to live from that place.

SUNDAY: MAY 21

7:30 - 8:30 AM	Breakfast	Participants prepare meal as a group. Food provided.
10:00 AM	CSE service	
11:30 AM	Lunch	Meal prepared. Participants will provide clean-up.

Wellspring Conference Center
 11411 Neelsville Church Rd
 Germantown, MD 20876
 Phone: (301) 428-3373
www.wellspringministry.org

Meals: Registration fee includes six meals. Meals are organic vegetarian and served family style. Breakfast meals are prepared and cleaned up by participants as a group. Lunch and dinner will be prepared by a cook, with participants providing clean-up chores.

Accommodations: Registration fee includes two-night stay. Each room has a twin bed and a bunk bed. Rooms will be double occupancy. There are shared bathroom facilities (two bathrooms for five rooms). If you wish to room with someone, please indicate that on your registration form.

Parking: There is a free lot.



REGISTRATION FORM

In person: Give this form and payment to CSE Treasurer, Larry Leonard.

By mail: Mail payment and form to The CSE (NSAC), PO Box 6535, Falls Church, VA 22040-6535

CSE members: \$175/per person double occupancy **Non-members:** \$185/per person double occupancy

Payment plan: \$75.00 deposit due at registration; balance due Sunday, May 7. No refunds! Full/partial scholarships are available!

The Board will award a few scholarships to defray expenses. To be considered, attach a separate sheet of paper to this form with a note explaining your circumstances.

Name _____ Email _____

Home phone _____ Cell phone _____ I'm a (circle one) male female

I want to share a room with (please write person's name, if you have a preference.) _____

CSE OFFICIAL USE

This person paid (circle): **IN FULL** **DEPOSIT** Check # _____ Or cash received: _____

FROM THE PRESIDENT'S CORNER:



My Dear Brothers and Sisters in Spirit:



Our pastor in her letter has appropriately urged that we look to imitate nature in springtime as stimulus for our own spiritual rejuvenation. I urge that we look to the interior of our own church as well for palpable signs of springtime rejuvenation. The air conditioning ducts will be completed by the time this newsletter reaches you. Of course, the bare and obtrusive ducts currently are most unsightly, but please be patient—our own Errin Stewart and Stan his partner are creating aesthetically pleasing covers which will also house soft, indirect lighting and a series of compact but effective speakers to enhance our sound system. Next on the agenda will be painting the covers and walls of our church hall in two tones—darker on the lower wainscoting and lighter on the upper walls and covers. The colors will beautifully match the tones in the classically lovely drapes which Anne Gehman and Merrilee Miller selected and Merrilee demonstrated two Sundays ago. Further down the river of time, we hope to cover the flooring with the soft tones of Pergo, a composition that looks like wood flooring, to further beau-

tify our sacred space. The infant concept of replacing our chairs is currently only a gleam in the eyes of “mommy and daddy,” but time will tell.

Who is paying for all this? You are. Over the years your contributions given out of love for God and church are enabling us to pay for some of this rejuvenation, and we absolutely depend upon your generosity now and extending into the future. What has transpired has been rendered possible also by so many generously pitching in with time and expertise in so many practical areas—interviews with experts, carpentry, wiring, sound systems, lighting, fabrics, paint, etc. I mention these issues of money, time, and expertise to invite and urge you to be involved, be engaged; it is your church, your sanctuary. Do you have ideas, suggestions? Just share them with the current members of the board, or the future board members—and volunteer to run for the board yourself. It is all about our sacred space where we worship, meditate, heal and are healed, meet, attend classes and workshops. Cast your bread upon these waters and be blessed.

Sincerely,

Wayne Knoll

President, Board of Directors

MEMBERS PUBLISHED; MPI STUDENTS ADVANCE

The CSE is delighted that a number of its members have been published in *The National Spiritualist - Summit*, the official publication of the National Spiritualist Association of Churches (NSAC). Congratulations to Raymond Buckland, Edmund Bujalski, Channing Jonker, and Laura Joy for submitting articles that have been accepted for publication either currently or in the recent past.

The Summit has been continuously published each month since 1919. Its goal is be a source of communication and information between all Spiritualists.

Another local author to celebrate is Rev. Gehman, whose article entitled “Events Leading up to the Birth of Modern Spiritualism” was published in *The Spotlight*. This NSAC-produced publication targets children of all ages and features articles which cover the philosophy and religion of Spiritualism, scientific advancements, and the importance of personal responsibility and following the Laws of Nature. The magazine gives both children and adults the opportunity to understand a way of life, in a simple and easy to read way.

Honors also go to two of CSE’s Morris Pratt Institute (MPI) students: Alexis Rolnick and (*See MPI Students on page 8 for story continuation.*)



Photo: In this file photo from October 2005, Fe Falco and Channing Jonker pose in CSE’s kitchen. Channing had an article recently published in the *The National Spiritualist - Summit* magazine.

CSE ACKNOWLEDGES MAD (MAKING A DIFFERENCE) AWARDS

In the February/March newsletter, CSE launched an informal recognition program to acknowledge various members of the CSE community who give of time or talent to keep our Center thriving. These people are MAD (Making A Difference) as they are caught in random acts of generosity. CSE's small congregation depends on volunteers to keep our Church running, and we thank these people.

Bill Barth and Patricia Walters have been MAD over set-up, showing up each week to arrange chairs, set out hymnals, and manage other tasks. Bill has also been one of the last to leave each Sunday as he stays to help tidy up the CSE for the upcoming week's activities.

Andrea Alston-Smith has recently been MAD about dishes -- she's been caught washing many of them after Sunday's lunch.

Sandy Keegan and Les Johnson have been MAD about maintenance issues. They assembled the new healing benches, have overseen some painting and construction projects, and have helped make small repairs.

And mentioning the new healing benches, Wayne Knoll and Anne Gehman deserve a MAD credit for taking the initiative to get them. Wayne

is also leading several renovation projects, including addressing the noisy air conditioning system.

Leonard Goodwin and Rita O'Connor repositioned the angel tapestry and light higher over the mantle, which proved to be more difficult than originally thought.

Fe Falco is consistently MAD in our kitchen. She is a faithful bringer of food and a regular dishwasher.

Merrilee Miller has been working to clear out the back room so ministers and healers will have a quiet meditation room before services.

And a final mention goes to Larry and Carolyn Leonard, who have been MAD over projects large and small. They work diligently behind the scenes each week managing any number of tasks not related to their Treasurer and Secretarial duties. Larry has been spotted on ladders replacing burned out lightbulbs and preparing certificates for the Lyceum children; Carolyn is found each Sunday working on clean up in the kitchen; both of them proofread and print the weekly program, and much more.

The CSE thanks these volunteers -- and others -- who so believe in our Center that they are willing to give of their time to make it run efficiently.

(MPI Students from page 7) Marilyn Kercher. Alexis has concluded all thirty of her MPI lessons and Marilyn has just one more to complete. The purpose of MPI is education, providing the student with the background required for preparation for the ministry of Spiritualism as a Spiritualist Teacher, Licentiate, or Ordained Minister, Healer and Medium. The self-paced program consists of 30 lessons of six units. Each unit consists of a number of lessons as required by the specific subject. Each lesson consists of the study material, a bibliography, required and recommended reading, and questions for submission to the Review Team. Learn more at www.morrispratt.org.

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UPCOMING TOPICS AND ACTIVITIES IN THE YOUTH LYCEUM

The CSE Youth Lyceum will be exploring Spiritualist principle #8 (Everyday is a new beginning,) in April and principle #9 (Prophecy and healings are an expression of God.) in May. Key dates to note are as follows:

April 16: Easter. Children will spend the last half of Lyceum in the regular CSE service.

April 23: Earth Day/Arbor Day. Children will celebrate and learn about the history of Earth Day. This is a special day in that a post-service activity for the children will be conducted outside. It might even include planting a tree!

May 14: Mother's Day. Children will spend the last half of Lyceum in the regular CSE service.

May 28: Memorial Day; no Lyceum today.

Lyceum meets each Sunday during the school year from 10:00 AM until 11:30 AM at the Sunrise Assisted Living facility, located about two blocks from the CSE. To enroll your child, complete the registration form on the information table near the back of the Center.



Photo: Two Lyceum students, Dane Warner (left) and Kyle Grimmet, stand with instructor Debbie Shoop after the March 5 service. March was the 3rd anniversary of the Youth Lyceum at the CSE and all of the students presented a special program.

COMMUNICATING SPIRITUALIST PRINCIPLES TO OTHERS...

On February 28, Rev. Gehman led a new class entitled "How to Communicate the Principles of Spiritualism to Others." The course examined ways one could share his or her psychic experiences and Spiritualist philosophy with others, how to avoid arguments when comparing religions, and why Spiritualism is a religion of conviction, and not conversion. Here are class highlights:

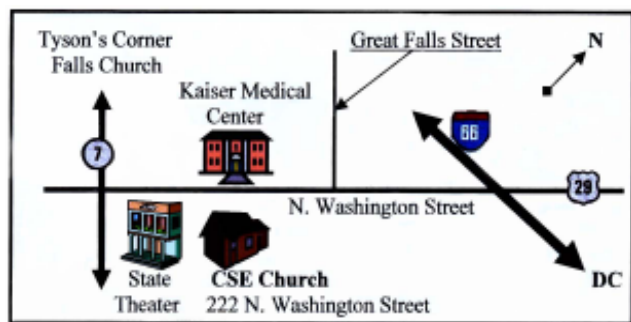
1. Keep all communication positive, especially when talking about other religions.
2. Use reflective listening to help the person you're speaking with to express his/her opinion.
3. When speaking with those close to you, start with the phrase "Spiritualism teaches..." to objectify the conversation. Present what you believe, not a presentation of "what is right."
4. Be conversant with the Natural Laws and be well grounded in the Principles of Spiritualism.
5. Recognize that all points of view are valid. Spiritualists respect all other religions, so never criticize another religion.
6. Find common ground by identifying and discussing the similarities of Spiritualism with other religions, such as belief in the Golden Rule, apparitions to saints, and the idea of an afterlife. Never force beliefs on anyone. Ask a person what they believe and then note the similarities with his/her religion. Find likenesses rather than differences.
7. Develop a vocabulary that makes you knowledgeable in discussing Spiritualism. Never use words like "spooky," "weird," or "strange". These disrespect Spiritualism and communicating Spirits. Spirits come to us out of love. Do not use the word "sin." It is a transgression of Natural Law.
8. Christian religions may be bothered that Spiritualists do not accept Jesus as their savior. Spiritualists do, however, accept Jesus as a prophet, a healer, and miracle worker, and perhaps as the greatest teacher who understood and taught Natural Law. Spiritualists affirm that each individual is morally responsible for his/her personal actions.
9. A recommended book to read is H. Gordon Burroughs book, On Becoming a Spiritualist.

SUNDAY SERVICES ARE HELD IN FALLS CHURCH
ALL ARE WELCOME!

Spiritualism is a science, philosophy, and religion which embraces all walks of life. Services are held each Sunday at 222 N. Washington Street, Falls Church, VA. The healing and meditation service begins at 10:00 AM. The lecture and spirit message service follows at 10:30 AM. We are a learning community for spiritual unfoldment and are chartered by the National Spiritualist Association of Churches (NSAC), Lily Dale, NY. For more information about CSE, call 703-645-8060.

Board of Directors: Dr. Wayne Knoll, President; Rita O'Connor, Vice-President; Dr. Larry Leonard, Treasurer; Carolyn Leonard, Secretary; Randy Bower, Director; Sandy Keegan, Director; Steve Vogel, Director

Ministerial Counsel: Rev. B. Anne Gehman, Pastor; Rev. Patricia Stranahan, Assistant Pastor; Rev. Barbara (Bunny) Starr, Minister



Please send your mailing address and email updates to thecse@theCSE.org with "Address Update" in the subject line, or call the Church phone at **703-645-8060**. More information is available on our Website at www.theCSE.org.


The Sunflower Times
The Center for Spiritual Enlightenment, NSAC
P. O. Box 6535
Falls Church, VA 22040-6535

Calendar	
Apr. 1:	Readings offered by Gretchen Clark
Apr. 2:	Weekly service (Gretchen Clark, speaker), followed by Annual Membership Meeting, followed by workshop on <i>Tweaking Your Mediumship</i> .
Apr. 8:	Board of Directors monthly meeting
Apr. 9:	Weekly service (Emmie Chetkins, speaker)
Apr. 15:	Workshop on <i>Moving Beyond Loss, Part I</i>
Apr. 16:	Weekly service (Ron Robertson, speaker). Workshop on <i>Basic Astrology</i> .
Apr. 22:	Workshop on <i>Moving Beyond Loss, Part II</i>
Apr. 23:	Weekly service (Edmund Bujalski, speaker)
Apr. 30:	Weekly service (Rev. Janet Nohavec, speaker)
May 6:	Board of Directors monthly meeting
May 7:	Weekly service (Rev. Leonard Justinian, speaker)
May 14:	Weekly service (speaker TBA)
May 19:	Annual Retreat at Wellspring begins.
May 20:	Annual Retreat at Wellspring
May 21:	Annual Retreat at Wellspring concludes with weekly service (Teresita Fawcett, speaker).
May 28:	Weekly service (speaker TBA)

If you are not interested in receiving *The Sunflower Times*, please return this issue unopened to the above address, or notify us at thecse@theCSE.org. Thank you.